

## Statement of participation

# Kyrylo Semenov

has completed the free course including any mandatory tests for:

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### Challenging ideas in mental health

This 8-hour free course explored new ideas and practice in mental health, with the aim of thinking differently about this issue.

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**Issue date:** 21 April 2023



[www.open.edu/openlearn](https://www.open.edu/openlearn)

This statement does not imply the award of credit points nor the conferment of a University Qualification.  
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/health/challenging-ideas-mental-health/content-section-0>

COURSE CODE: **K272\_1**

## Challenging ideas in mental health

<https://www.open.edu/openlearn/health-sports-psychology/health/challenging-ideas-mental-health/content-section-0>

### Course summary

Take a new and different look at mental health. This free course, Challenging ideas in mental health, invites you to think differently about life's dilemmas by taking account of the views of all concerned, especially people experiencing mental distress. It explores ideas and practice in mental health, and will appeal to a wide range of people.

### Learning outcomes

By completing this course, the learner should be able to:

- understand the complexity and dilemmas of diverse perspectives in the field of mental health and distress
- understand the importance of service users/'survivors' experiences and perspectives
- understand how mental health issues affect everyone
- understand the range of risks faced by service users/'survivors' in their everyday lives.

### Completed study

The learner has completed the following:

#### Section 1

Boundaries of explanation

#### Section 2

Whose risk is it anyway?

#### Section 3

The business of madness

#### Section 4

Conclusion

#### Section 5

Sources of help