

## Statement of participation

# Kyrylo Semenov

has passed the free course including all mandatory tests for:

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### Supporting children's mental health and wellbeing

This free 24-hour course explored the issue of mental health and wellbeing in relation to children.

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**Issue date:** 24 April 2023



[www.open.edu/openlearn](https://www.open.edu/openlearn)

This statement does not imply the award of credit points nor the conferment of a University Qualification.  
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/education-development/supporting-childrens-mental-health-and-wellbeing/content-section-overview>

COURSE CODE: **CMH\_1**



## Supporting children's mental health and wellbeing

<https://www.open.edu/openlearn/education-development/supporting-childrens-mental-health-and-wellbeing/content-section-overview>

### Course summary

Do you have a professional or personal interest in the mental health issues affecting young children? Are you working with children or are you a parent or carer? This free course, Supporting children's mental health and wellbeing, is designed to give insight into the factors that are contributing to our youngest citizens' poor mental health; examining factors from a national and global perspective. By the end of the course you will have gained knowledge about strategies and interventions that will help you to understand how you can support children's mental health and improve their wellbeing.

### Learning outcomes

By completing this course, the learner should be able to:

- understand the causes of mental health in young children age 0-5
- identify the factors that contribute to good mental health in children
- explore national and global influences on children's mental health
- develop knowledge about strategies and interventions to improve mental health in children
- examine how adults and society can support children's mental health and wellbeing.

### Completed study

The learner has completed the following:

#### Session 1

Introduction and guidance

Session 1: Setting the scene by looking at the past

#### Session 2

Session 2: Increasing your knowledge of mental health

#### Session 3

Session 3: Mental health promotion and education

#### Session 4

Session 4: A global view of children's mental health and wellbeing

Session 4 compulsory badge quiz (score 73%)

#### Session 5

Session 5: Wellbeing and mental health in education settings

#### Session 6

Session 6: Professional support for children and their mental health

#### Session 7

Session 7: Exploring some of the interventions to support children's mental health

#### Session 8

Session 8: The influence of screen time on young children's mental health and wellbeing

Session 8 compulsory badge quiz (score 82%)