

Statement of participation

Anastasia Drozhanova

has completed the free course including any mandatory tests for:

Emotions and emotional disorders

This 6-hour course looks at some of the disorders related to the feelings of stress, sadness and anxiety.

Issue date: 5 March 2023



www.open.edu/openlearn

This statement does not imply the award of credit points nor the conferment of a University Qualification.
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/health/emotions-and-emotional-disorders/content-section-0>

COURSE CODE: **SDK228_1**

Emotions and emotional disorders

<https://www.open.edu/openlearn/health-sports-psychology/health/emotions-and-emotional-disorders/content-section-0>

Course summary

In this free course, Emotions and emotional disorders, you will learn about some of the disorders related to the feelings of stress, sadness and anxiety including how these disorders are diagnosed, their biological correlates, and evidence of their possible causes.

Learning outcomes

By completing this course, the learner should be able to:

- recognise the value of an evolutionary perspective in understanding emotions (or moods) and emotional (or mood) disorders
- specify brain pathways involved in the perception and processing of emotions
- describe the rationale of approaches used in the diagnosis of emotional (or mood) disorders
- outline the characteristics and experience of specified emotional disorders
- demonstrate understanding of information about the prevalence of mental health disorders in populations.

Completed study

The learner has completed the following:

Section 1

Moods, emotions and disorders

Section 2

Emotions in an evolutionary context

Section 3

Recognising emotional disorders

Section 4

Challenges in the diagnosis of depression and anxiety

Section 5

Conclusion